



# Meditation Practice Day

Especially for People With Extreme States  
(psychosis, bipolar, schizophrenia labels;  
everyone welcome)

with Ed Daigu Knight & Will Hall

Saturday, April 10

10am-3pm

\$50 donation

deli lunch included

(no one turned away for lack of funds)

The Grotto Conference Center

8840 NE Skidmore Portland,OR

Pre-registration is optional, but we recommend it to hold your place.

Contact: Portland Hearing Voices

[portlandhearingvoices\(at\)gmail.com](mailto:portlandhearingvoices(at)gmail.com)

413-210-2803

[www.portlandhearingvoices.net](http://www.portlandhearingvoices.net)

Ed Daigu Knight is dually labeled with "schizophrenia" and alcoholism, the Steward of The Healing Circle, a Zen Peacemaker Circle, and a Senior in the Buddhist Zen Peacemaker Sangha, as well as a mentor in the Prison Dharma Network. [www.professored.com](http://www.professored.com)

Will Hall is a counselor labeled with "schizophrenia," and his advocacy work includes Portland Hearing Voices and hosting Madness Radio on KBOO. [www.willhall.net](http://www.willhall.net)